Support Resources for Young Adult Survivors and Caregivers

**4th Angel Mentoring Program**

**Description:** Scott Hamilton's mentoring program designed to match newly diagnosed patients with trained volunteers who are also cancer survivors and/or a caregiver of a cancer survivor to a current caregiver of a cancer patient. Also provides chemocare.com for patients to better understand chemotherapy, side effects and their management.

**Contact:** 866-520-3197 | 9500 Euclid Ave, R36, Cleveland, OH 44195 | 4thAngel@ccf.org | http://4thangel.org/

**Brenda Mehling Cancer Fund**

**Description:** The Brenda Mehling Cancer Fund (BMCF) supports patients ages 18-40 as they undergo cancer treatment. It provides services to meet daily needs that are not covered by insurance. Typical grants cover $500 worth of medical co-payments, rent and mortgage, transportation, car insurance, repairs, and groceries.

**Contact:** 661-310-7940 | Dan Chapman, Program Manager, Brenda Mehling Cancer Fund, 24152 Lyons Avenue, #157 Santa Clarita, CA 91321 | http://www.bmcf.net
**Cancer Care**

**Description:** Financial assistance for active treatment-related medicine, transportation, and homecare. Does not cover basic living expenses such as rent, mortgages, utilities, or food. Also runs The CancerCare Co-Payment Assistance Foundation is a not-for-profit organization established in 2007 to address the needs of individuals who cannot afford their insurance co-payments to cover the cost of medications for treating cancer.

**Contact:** 800-813-4773 | 275 7th Ave New York, NY 10001 | info@cancercare.org | http://www.cancercare.org/financial

**Cancer Fund of America**

**Description:** Offers free products such as liquid nutritional drinks, adult diapers, bed pads, exam gloves, personal hygiene products, toys, clothing, reading/audio materials, and sick room supplies.

**Contact:** 800-578-5284 | 2901 Breezewood Lane, Knoxville, TN 37921 | info@cfoa.org | http://www.cfoa.org/

**Cancer Hope Network**

**Description:** To provide one-on-one support to people undergoing treatment for cancer and to their families. We provide this support by training individuals who have recovered from cancer and matching them with cancer patients currently undergoing a similar experience. Through this matching process, we strive to instill hope and to make a difference in their fight against cancer.

**Contact:** 800-552-4366 | 2 North Road, Suite A, Chester, NJ 07930 | http://www.cancerhopenetwork.org/

**Cancer Legal Resource Center**

**Description:** A national, joint program of the Disability Rights Legal Center and Loyola Law School Los Angeles. The CLRC provides free information and resources on cancer-related legal issues to cancer survivors, caregivers, health care professionals, employers, and others coping with cancer.

**Contact:** (866) 843-2572 | 800 S. Figueroa St., Ste. 1120 Los Angeles, CA 90017 | https://www.disabilityrightslegalcenter.org/about/cancerlegalresource.cfm

The SAMFund for Young Adult Survivors of Cancer | www.thesamfund.org | 89 South Street Suite LL02 Boston, MA 02111
**Camp Mak-A-Dream**

**Description:** Provides Young Adult Conferences for young adults with cancer to connect with peers who are going through similar experiences.

**Contact:** 406-549-5987 | 2110 Johnson Street, Missoula, MT 59801 | info@campdream.org | http://www.campdream.org/

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**Children's Oncology Group**

**Description:** Provides a comprehensive guide to establishing and enhancing long-term follow-up programs for childhood cancer survivors.

**Contact:** http://www.survivorshipguidelines.org/

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**Diplomat Specialty Pharmacy**

**Description:** Diplomat Specialty Pharmacy’s Oncology Navigator Program provides clinical and reimbursement solutions to patients with oncologic and hematologic disorders. Given the on-going changes and complexities within the reimbursement landscape, the Oncology Navigator Program provides a dedicated team solely responsible for assisting patients and healthcare professionals with gaining access to the necessary medications they need. Oncology Navigator clinical and reimbursement services are provided at no charge.

**Contact:** 888.720.4450 | 4100 S. Saginaw St., Flint, MI 48507 | dspinfo@diplomatpharmacy.com | http://diplomatpharmacy.com/patient_services/oncology_therapy/

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**Dress for Success**

**Description:** The mission of Dress for Success is to promote the economic independence of disadvantaged women by providing professional attire, a network of support and the career development tools to help women thrive in work and in life. For a list of regional affiliate offices, click here: http://dressforsuccess.org/dfs_affiliates.aspx

**Contact:** 212.532.1922 | 32 East 31st Street, 7th Floor, New York, NY 10016 | worldwide@dressforsuccess.org | http://dressforsuccess.org/

The SAMFund for Young Adult Survivors of Cancer  
www.thesamfund.org  
89 South Street Suite LL02 Boston, MA 02111
**First Descents**

**Description:** First Descents offers young adult cancer fighters and survivors a free outdoor adventure experience designed to empower them to climb, paddle and surf beyond their diagnosis, defy their cancer, reclaim their lives and connect with others doing the same. Our programs are all over the country and range anywhere from 1 day to 1 week. Any YA with cancer is eligible regardless of physical challenges, diagnosis or prognosis!

**Contact:** 303.945.2490 | 767 Santa Fe Dr. Denver, CO 80204 | info@FirstDescents.org | http://firstdescents.org/

**Imberman Angels**

**Description:** Provides personalized connections that enable one-on-one support among cancer fighters, survivors and caregivers. Through our unique matching process, Imerman Angels partners anyone seeking cancer support with someone just like you - a “Mentor Angel”. A Mentor Angel is a cancer survivor or survivor’s caregiver who is the same age, same gender, and most importantly who has beaten the same type of cancer. A Mentor Angel is walking, talking, living proof, and inspiration that cancer can be beaten. Our service is absolutely free and helps anyone touched by any type of cancer, at any cancer stage level, at any age, living anywhere in the world.

**Contact:** 877-274-5529 | 400 W. Erie Street, Suite #405, Chicago, IL 60654 | http://imermanangels.org/

**I'm Too Young For This**

**Description:** The I'm Too Young For This! Cancer Foundation is a support community for young adults affected by cancer (15-40) and serves as a bullhorn for the young adult cancer movement. Provides an annual young adult cancer conference, radio show, and survivorship community. Provides training seminar workshops and social networking support events for young adults.

**Contact:** 877-735-4673 | 40 Worth Street, Suite 808, New York, NY 10013 | http://stupidcancer.com/
National Cancer Institute (Adolescents & Young Adult-specific)

Description: Provides information on the most common cancers in young people, how cancer is diagnosed and treated. Provides resources for where to get treatment and what questions to ask about clinical trials as well as tips to cope and lists of organizations that serve young people with cancer.

Contact: 1-800-422-6237 | 6116 Executive Boulevard, Suite 300, Bethesda, MD 20892-8322 | http://www.cancer.gov/cancertopics/aya

Planet Cancer

Description: Now part of LIVESTRONG, provides support to young adults with issues specific to age and stage of life: dating with cancer, disclosure to a potential employer, long-term insurance issues, moving back home, loss of fertility, or having to quit school or a newly launched career. Provides an online community and a weekend retreat program (for 25 year olds, 25-40 year olds, and young couples under 40 facing cancer together.)

Contact: http://myplanet.planetcancer.org/

Re-Mission: A Game for Young People with Cancer

Description: Re-Mission is a video game that gives young people with cancer a sense of power and control over their disease. It’s a fun, effective tool that supports treatment adherence and can be used in the clinical setting or at home by patients on maintenance therapy. Re-Mission is rated “T” for teen.

Contact: (866) 457-6994 | ravant@hopelab.org

Teens Living with Cancer

Description: A community dedicated to helping teens live their best life through all stages of their disease and treatment.

Contact: 585-563-6221 | 1000 Elmwood Avenue, Rochester, New York, 14620 | info@teenslivingwithcancer.org | http://www.teenslivingwithcancer.org/
The Rob Branham Foundation

Description: Provides or helps find support and services to cope with leukemia and other diseases that lead to a bone marrow transplant as treatment. Programs include Rob Direct, a program to provide limited financial assistance directly to families for ancillary expenses not covered by insurance, as well as other services. Also helps make connections to get a bone marrow drive started, and supports drives financially.

Contact: 860-658-9736 | 31 Canton Road West Simsbury, CT 06092 | robsfoundation@gmail.com | http://robsfoundation.org/

The Fly Foundation

Description: Financial Lift for Young Adults with Cancer (The FLY Foundation) aims to provide temporary assistance to help young adults navigate the choppy waters of cancer treatment in an effort to regain their health without experiencing the setback associated with amassing financial debt.

Contact: 401-400-2359 | 550 Locust Street Fall River, MA 02720 | info@theflyfoundation.org | http://www.theflyfoundation.org/

Young Adult Cancer Canada

Description: To build a community of young adults diagnosed with cancer that provides information, support, skills and opportunity.

Contact: 709.579.7325 | 18 Argyle Street, Suite 201, St. John's, NL | connect@youngadultcancer.ca | http://www.youngadultcancer.ca/

Young Survival Coalition

Description: Young Survival Coalition (YSC) is dedicated to the critical issues unique to young women who are diagnosed with breast cancer. YSC offers resources, connections and outreach so women feel supported, empowered and hopeful.

Contact: 646-257-3000 | 61 Broadway, Suite 2235, New York, NY 10006 | info@youngsurvival.org | http://www.youngsurvival.org/
The Ulman Cancer Fund for Young Adults

Description: In addition to scholarships, The Ulman Cancer Fund for Young Adults also provides the UCF Patient Navigation Program to ensure no young adult faces cancer alone. Provides support including access to support resources tailored specifically to young adults, increased knowledge of their disease, treatment options and lifelong implications of treatment choices, and effective communication with their clinical care team, family, friends, community and others in their support network.

Contact: Craig Lustig (Program Director) craig@ulmanfund.org | 921 East Fort Avenue, Suite 325, Baltimore, MD 21230 |
http://www.ulmanfund.org/patientnavigation.aspx

For Caregivers

Andre Sobel River of Life Foundation

Description: Everyday needs assistance program for single parent families with children with cancer. The variety of requests range from essentials, such as food, transportation, utilities, and medications not covered by insurance to funds to protect a family from eviction or foreclosure. Works with 12 pediatric hospitals nationwide. Also provides Everyday Needs Assistance Fund, for single parent families whose children are undergoing treatment for cancer and the Compassion Can’t Wait Fund to assist single parent families of children with any catastrophic diagnosis who are struggling to make ends meet and who have exhausted all other resources.

Contact: (310) 276-7111 | 8581 Santa Monica Boulevard, #80, West Hollywood, CA 90069 | info@andreriveroflife.org | http://andreriveroflife.org/

Caregiver Media Group

Description: Caregiver Media Group is a leading provider of information, support and guidance for family and professional caregivers. Founded in 1995, produces Today's Caregiver magazine, the first national magazine dedicated to caregivers, provides the "Fearless Caregiver Conferences", and web site, caregiver.com. Caregiver Media Group and all of its products are developed for caregivers, about caregivers and by caregivers. Use http://www.caregiver.com/regionalresources/ to find regional support groups and other resources.

Contact: (954) 893-0550 | 3350 Griffin Road Ft. Lauderdale, FL. 33312 | info@caregiver.com | http://www.caregiver.com/
**Net of Care**

**Description:** Provides the Caregiver Resource Directory, a practical guide intended to help family caregivers feel less alone and overwhelmed. It offers resources, facts, and advice about caring for a loved one, as well as the caregiver. The Directory is designed as an interactive 3-ring binder with pockets and ample writing space so that caregivers can organize all resource and medical information in one place.

**Contact:** findhelp@netofcare.org | Beth Israel Medical Center, Department of Pain Medicine and Palliative Care, The Family Caregiver Program, First Avenue at 16th Street, New York, NY 10003 | [http://www.netofcare.org/crd/resource_form.asp](http://www.netofcare.org/crd/resource_form.asp)

**National Alliance for Caregiving**

**Description:** The National Alliance for Caregiving is dedicated to providing support to family caregivers and the professionals who help them and to increasing public awareness of issues facing family caregivers.

**Contact:** 301-718-8444 | National Alliance for Caregiving, 4720 Montgomery Lane, 2nd Floor, Bethesda, MD 20814 | [info@caregiving.org](mailto:info@caregiving.org) | [http://www.caregiving.org/](http://www.caregiving.org/)

**National Family Caregivers Association**

**Description:** The National Family Caregivers Association educates, supports, empowers and speaks up for the more than 50 million Americans who care for loved ones with a chronic illness or disability or the frailties of old age. NFCA reaches across the boundaries of diagnoses, relationships and life stages to help transform family caregivers' lives by removing barriers to health and well being.

**Contact:** 800-896-3650 | [info@thefamilycaregiver.org](mailto:info@thefamilycaregiver.org) | 10400 Connecticut Avenue, Suite 500 Kensington, MD 20895-3944 | [http://www.nfcacares.org/](http://www.nfcacares.org/)
The Cancer Support Community

Description: CSC ensures that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community. An international non-profit dedicated to providing support, education and hope to people affected by cancer, offering a menu of personalized services and education for all people affected by cancer. Its global network brings the highest quality cancer support to the millions of people touched by cancer. These support services are available through a network of professionally-led community-based centers, hospitals, community oncology practices and online, so that no one has to face cancer alone. In July 2009, The Wellness Community and Gilda’s Club Worldwide joined forces to become the Cancer Support Community. Use the online search to find a local affiliate: http://www.cancersupportcommunity.org/MainMenu/Cancer-Support/Find-a-Local-Program

Contact: 202.659.9709 | help@cancersupportcommunity.org | 1050 17th Street, NW, Suite 500, Washington, DC 20036 | http://www.cancersupportcommunity.org/

Family Caregiving 101

Description: An outreach program from the The National Family Caregivers Association (NFCA) and the National Alliance for Caregiving (NAC) The Family Caregiving 101 website is for people who are caring for a loved one who is ill or disabled. It’s a great place to find assistance, answers, new ideas and helpful advice — for caregivers and their loved ones. Includes a page dedicated to financial help and advice as well as a message board to post questions (The Family Caregiver Forum).

Contact: http://www.familycaregiving101.org/help/financial.cfm